



300-HOUR YOGA TEACHER CERTIFICATION APPLICATION

Yoga Sutra 2.36 "One who shows a high degree of right communication, will not fail in his actions."
–Translated by TKV Desikachar

HOW TO APPLY

Congratulations on your decision to apply to the Sacred Sounds Yoga Teacher Training program!

To reserve a place in our program, you must provide us with a copy of your completed application, along with a non-refundable \$500 deposit. Tuition includes unlimited classes at Sacred Sounds Yoga starting the first of the month that training starts through the last training date with your deposit. In order to receive the early registration price, your payment must be made in full by the early registration date. Full payment is due no later than the start of the program. Enrollment is limited, and we may accept last minute applications only if there is space in the program.

A completed application consists of the following documents:

- General Information & Yoga Background (p. 1)
- Payment & Participation Agreement (p. 2)
- A copy of your 200-Hour Teacher Training Certificate or proof your 200-Hour Teacher Certification

GENERAL INFORMATION

Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email Address: _____

Emergency Contact Name & Phone: _____

YOGA BACKGROUND

How did you hear about the program? List name of referral if applicable.

Describe your yoga background. Where did you receive your 200-Hour Yoga Teacher Certification and when? What other yoga training programs have you completed and when? How long have you been practicing, and how often? What styles do you practice? With which teachers or at which studios do you practice?

What is your current occupation?

Do you have any physical injuries or medical conditions? If yes, please describe as well as list any medications.

Why do you want to participate in the program?

What topics in the program are of particular interest to you?

