



300-HOUR YOGA TEACHER CERTIFICATION APPLICATION

Yoga Sutra 2.36 "One who shows a high degree of right communication, will not fail in his actions."
–Translated by TKV Desikachar

HOW TO APPLY

Congratulations on your decision to apply to Sacred Sounds Yoga's 300-Hour Yoga Teacher Training program!

To apply for the program, please email the completed application to us at tt@sacredsoundsyoga.com. Upon notification of your acceptance, a non-refundable \$500 deposit will be due to reserve your place in the program. In order to receive the Early Bird rate, your tuition must be paid in full by the Early Bird deadline. Full payment is due no later than the start of the program. Enrollment is limited, and we may accept last minute applications only if there is space in the program. Tuition includes unlimited classes at Sacred Sounds Yoga starting the first training date through the last training date.

A completed application consists of the following documents:

- General Information & Yoga Background (p. 1)
- Payment & Participation Agreement (p. 2)
- A copy of your 200-Hour Teacher Training Certificate or proof your 200-Hour Teacher Certification

GENERAL INFORMATION

Name: _____ Program Start Date: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email Address: _____

Emergency Contact Name & Phone: _____

YOGA BACKGROUND

How did you hear about the program? List name of referral if applicable.

Describe your yoga background. Where did you receive your 200-Hour Yoga Teacher Certification and when? What other yoga training programs have you completed and when? How long have you been practicing, and how often? What styles do you practice? With which teachers or at which studios do you practice?

What is your current occupation?

Do you have any physical injuries or medical conditions? If yes, please describe as well as list any medications.

Why do you want to participate in the program?

What topics in the program are of particular interest to you?

PAYMENT INFORMATION

Upon notification of your acceptance, a non-refundable \$500 deposit will be due to reserve your place in the program. The deposit is deducted from the tuition. In order to receive the Early Bird rate, your tuition must be paid in full by the Early Bird deadline. Full payment is due no later than the start of the program.

I am paying by personal check.

Mail the check and application to Sacred Sounds Yoga, c/o Stephanie Tang, 163 Bleecker Street, 2nd Floor, New York, NY 10012.

I am paying by credit card.

Email the application to tt@sacredsoundsyoga.com with the subject line "300-Hour TT Application – [Year]," and either visit <http://www.sacredsoundsyoga.com/> to make a secure payment online or call us at 212-533-9642.

PARTICIPATION AGREEMENT

I understand that, if I am paid in full and fulfill all the requirements of the Sacred Sounds Yoga Teacher Training, including but not limited to complying with in-class hours, completing written homework, completing at least 75 vinyasa classes, at least 25 of which are with lead teachers, by the end of the program, submitting my Class Log, Program Log and Class Observation Notes, and passing quizzes and exams, I will receive a certificate of completion, which can be submitted to the Yoga Alliance or a prospective employer as evidence that I have completed the 300-Hour Teacher Training program. Paying for the program and completing the hours alone does not mean I will pass the program.

I understand that I am required to attend 100% of the teacher training hours unless there is a pre-existing scheduling conflict, family emergency or medical emergency (up to 16 hours). If I miss any hours without providing a detailed written explanation of a pre-existing scheduling conflict, family emergency or medical emergency (including a doctor's note if it is a medical emergency), I will not graduate nor will I be refunded my tuition. If I miss more than 16 core module hours due to a pre-existing scheduling conflict, family emergency or medical emergency, I am required to make up hours with faculty by attending 1 hour of a private session at \$150 per hour plus \$50 per hour for studio rental if necessary for every 4 hours missed, or I will be asked to retake the core module the following year. Make ups must be completed within 1 year.

I understand that Sacred Sounds Yoga reserves the right to ask me to leave the program if my behavior is inappropriate, unethical or violates the Yoga Alliance ethical guidelines. Under such circumstances, I will not graduate nor will I be refunded my tuition.

I understand that Sacred Sounds Yoga reserves the right to ask me to leave the program should it appear that my health or physical practice is not at the level to fully participate in the training. Under such circumstances, I will not graduate, but I will be given a prorated refund, based on the amount of time I have attended in the training.

I understand that if I cancel more than 30 days prior to the start of training, I will receive a full refund, less my non-refundable \$500 deposit, which may be transferred toward a future training. If I cancel within 30 days before the start of training, I will receive a 50% refund, less my non-refundable \$500 deposit, which may be transferred toward a future training. **Once the program begins, tuition is non-refundable and non-transferrable.**

I have read, and accept the above agreement:

Signature

Print Name

Date